

# Bone School – An Orthopaedic Resident Teaching Programme

## A Sparsh Hospital Initiative

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**Topic:** Sports Medicine

**Date:** 23 June 2013 (Sunday)

**Venue:** Sparsh Hospital for Advanced Surgeries, 146 Infantry Road, Bangalore

**Faculty:**

1. Dr. Rajkumar Amaravathi - Associate Professor, St Johns Medical College, Bangalore
2. Dr. KN Subramanian – Sports Medicine Consultant, Sparsh Hospital, Bangalore
3. Dr. Ramachandra CR - Consultant Radiologist, Clumax Diagnostics, Bangalore

**Programme:**

- 9.00 am – Registration
- 9.30 -10.00 am – Lecture - Examination of the Shoulder Joint
- 10.00 – 10.40 am – Case presentation – 1
- 10.40 – 11.00 am – Lecture – Rotator Cuff Pathology
- 11.00 – 11.20 am – Coffee break
- 11.20 – 12.00 pm – Case presentation – 2
- 12.00– 12.20 pm – Lecture – Shoulder Instability
- 12.20 – 1.00 pm – MRI of shoulder and knee
- 1.00 - 1.30pm – Lunch
- 1.30 – 2.00 pm – Lecture - Examination of the Knee Joint
- 2.00 – 2.40 pm – Case presentation - 3
- 2.40 - 3.00 pm – Lecture – Knee Ligament Injuries
- 3.00- 3.30 pm – Case presentation - 4
- 3.30- 3.50 pm – Lecture – Meniscal Injuries
- 3.50 – 4.00pm – Feedback and coffee

Although there is no registration fee, registration is mandatory. Registration can be done either via the events page of the facebook group “Bone School @ Bangalore” or by sending an email to [savithashetty@sparshhospital.com](mailto:savithashetty@sparshhospital.com). Please note that certificates will be provided to those who attend all the sessions this year.

**Recommended readings:**

1. Examination of the shoulder and knee joint.
2. Ligamentous and meniscal injuries around the knee
3. Shoulder instability
4. Rotator cuff pathologies

Happy Learning.

DrSharanPatilDr Thomas Kishen  
Chairman, Sparsh Hospital

Course Coordinator – Bone School