

**Bone School – An Orthopaedic Resident Teaching Programme**  
A SPARSH Hospital Initiative

Date : 4 March 2012  
Focus : Sports Medicine - Knee and Shoulder Joint  
Venue : Sparsh Hospital for Advanced Surgeries  
146, Infantry Road, Bangalore

Faculty: 1) Prof. Sripathi Rao    Dean and Former HOD, Kasturba Medical College, Manipal  
2) Dr. Rajkumar Amaravathi    Assoc. Professor, St John's Medical College, Bangalore  
3) Dr. Madhukar BK            Consultant Radiologist, Fortis Hospital, Bangalore

Programme

9.00 am                    - Registration  
9.25-9.30 am            - Introduction of faculty  
9.30-10.15 am           - Examination of the shoulder joint  
10.15 – 11.00am        - Case presentation 1  
11.00- 11.15am        - Overview – Shoulder instability  
11.15 - 11.30am        - COFFEE BREAK  
11.30 – 12.00 noon    - Case presentation 2  
12.00 – 12-15pm       - Overview – Rotator cuff pathology and impingement  
12.15 - 1.00pm        - MRI of shoulder and knee joint  
1.00 – 1.30pm           - LUNCH  
1.30 - 2.15 pm         - Examination of knee joint  
2.15 – 3.00pm          - Case presentation 3  
3.00 – 3.15pm          - Overview – ACL/PCL injuries  
3.15 – 4.00 pm         - Case presentation 4  
4.00- 4.15pm          - Overview – Meniscus injury  
4.15 – 4.30 pm         - Feedback / Concluding remarks/ Coffee

**Registration :** Registration is mandatory and can be done either by sending an email to [shreedhar@sparshhospital.com](mailto:shreedhar@sparshhospital.com) or by joining the facebook group – Bone School @ Bangalore and confirming your attendance on the events page (Bone School – 4 March 2012). No registration fee.

**Recommended reading**

1. Anatomy of the shoulder and knee joint
2. Biomechanics of shoulder and knee joint
3. Examination of shoulder and knee joint

Dr. Sharan Patil  
Chief of Orthopaedic Surgery  
Chairman, Sparsh Hospital

Dr Thomas Kishen  
Spine Surgeon  
Course Coordinator – Bone School