

# **Bone School - An Orthopaedic Resident Teaching Programme**

## **A Sparsh Hospital Initiative**

(Conducted under the aegis of KOA and BOS)

---

- Focus – Spine
- Date – 12 February 2012 (Sunday)
- Start Time – 9.15 am
- Venue – Auditorium, Sparsh Hospital for Advanced Surgeries  
Infantry Road, Opp. Police Commissioners Office, Bangalore
- Registration fee - NIL

Faculty – 1. Prof. SP Mohanty – Kasturba Medical College, Manipal  
2. Prof. N. Rajagopalan – Indra Gandhi Medical College, Pondicherry  
3. Dr Dilip Gopalakrishnan – Former Professor, MS Ramiah Medical College, Bangalore

- 9.15 am – Registration
- 9.30 – 9.35 am – Introduction and welcome address
- 9.35 – 10.15 am – Lecture 1 - How to examine the spine
- 10.15-11.00am – Case presentation
- 11.00-11.15 am – Overview – Lumbar disc herniation
- 11.15 – 11.30am – Coffee Break
- 11.30 – 12.15pm – Case presentation
- 12.15 – 12.30pm – Overview - Lumbar canal stenosis
- 12.30 – 1.00 pm – Lecture 2 – Tuberculosis of the spine
- 1.00 – 1.30pm – LUNCH
- 1.30 – 2.30pm – Breakout sessions X 2
- Radiology of lumbar spine
  - MRI of lumbar spine
- 2.30 – 3.15pm – Case presentation
- 3.15 – 3.30pm – Overview – Lumbar Spondylolisthesis
- 3.30 – 4.15pm – Case presentation
- 4.15 – 4.30pm – Overview – Spinal deformity
- 4.30 – 4.45pm – Concluding remarks and Coffee

### **Recommended reading for PG's prior to attending the course:**

1. Examination of the spine.
2. Neurological examination of upper and lower limbs (dermatomes + myotomes)

Dr Sharan Patil  
Chief, Department of Orthopaedic Surgery  
Chairman, SPARSH Hospital

Dr. Thomas Kishen  
Spine Surgeon, SPARSH Hospital  
Course Coordinator – Bone School